MMUNITY CALENDAR

Thursday, April 14

Mingle

aven and Dance-in Place n Carle Place holds a dance and singles mingle. 8 p.m. For formation and to register visit in-heaven.com.

of Education Meeting

stbury School District board of on will hold a planning meeting igh school library at 7:30 p.m.

Friday, April 15

Event: Ron Darling

commentator and former Mets don Darling comes to Barnes ble in Carle Place to promote k, Game 7, 1986: Failure And th In The Biggest Game Of My istbands will be distributed at 9 a.m., a copy of the book purchased per wristband. For formation call 516-741-9850.

Saturday, April 16

ry Little League Opening Day Westbury Recreation Center at 1-5560 for more details. 10 a.m.

at the Races

night of food and fun at ry Council 1012, Knights of ous' Night at the Races. Dinner is spaghetti and meatballs. k opens at 6:30 p.m.; post time in Admission is \$15, children are free. Call Jim Smith at 1-4387 or Steve Fleming at 1-6968 for reservations.

age Sale

unity Reform Temple holds nood rummage sale. Find used and new items, including the shoes, costume jewelry, toys, appliances and linens on sale. ty, April 16, from 6:30 to 8:30 d Sunday, April 17 from 10 a.m. at 712 The Plain Rd., Westbury. special—buy two large bags, get the Fordetails call 516-333-1839.

Sunday, April 17

ve Driving Courses

r course conducted by AAA at ood Suites by Hilton located



at 40 Westbury Ave. in Carle Place. Save money; reduce violation points; sharpen skills. The cost is \$39 for AAA members; \$32 members 60 and older; \$55 nonmembers. Dates and rates subject to change. Online class available. Visit AAA.com/DefensiveDriving. Reservations required. Call 516-873-2381.From 9 a.m. to 4 p.m. Additional dates are April 25, 28 and May 1, 2, 12, 19, 15 and 23.

Wednesday, April 20

Trashion Show

Local students will model attire made of recycled materials at this annual fashion show held by the Town of North Hempstead. At the "Yes We Can" Community Center, 141 Garden St., Westbury. 7 to 9 p.m.

Eat For Change

Dine for a good cause at this fundraiser to support the Carle Place
Key Club. Come to the Chipotle at
135 Old Country Rd. in Carle Place
between 4 and 10 p.m., and tell the
cashier you're supporting the cause to
make sure 50 percent of proceeds are
donated to the club.

Civic Meeting

The Carle Place Civic Association holds their general meeting at 8 p.m. in the high school north cafeteria.

Thursday, April 21

Be Food Safe

Come and learn tips on how to buy, store, and serve food safely at Magnolia Gardens, 899 Broadway, Westbury. From 11 a.m. to noon. For Town of North Hempstead residents 60 and over. Call 311 to register and for more information.

Budget Hearing

The Village of Westbury holds a budget hearing at Village Hall, 235 Lincoln Place, at 7:30 p.m.

Free Health Screening

The Town of North Hempstead partners with St. Francis Hospital's Community Outreach program to provide residents with free health screenings. The screenings include a brief cardiac history, blood pressure screening, blood test for cholesterol and diabetes screening. At Magnolia Gardens, 899 Broadway

in Westbury. Thursday, April 21, from 10 a.m. to 2 p.m.

Pop-Up Gallery

The Greater Westbury Council for the Arts holds a pop-up gallery at Hicks Nurseries, 100 Jericho Tpke. through April 23.

Board of Education Meeting

The Westbury School District Board of Education holds an action meeting in the high school little theatre at 7:30 p.m.

Friday, April 22

Fundraise through Fashion

Help raise money for The Cystic Fibrosis Foundation at this student fashion show. Friday, April 22, at 7 p.m. in the Carle Place High School Auditorium. Admission ticket sales begin at 6:30 p.m. in the main lobby. Tickets are \$5 minimum donation. All proceeds go to the Cystic Fibrosis foundation in the name of Devin, a 15-year-old Carle Place boy who has the disease. For more information email Maddalena Buffalino at mbuffalino@cps.k12.ny.us.

ECIPE from page 1A Ugali

s water s white cornmeal

arge saucepan, boil the water. lly add the cornmeal, stirring. r 15-20 minutes, stirring tly, until it is very thick and smooth. Arrange on platter and serve.

Sukuma Wiki

Sukuma wiki means "push the week" in Swahili and is eaten mostly when people couldn't afford meat.

2 bunches kale or collard greens 3 vine-ripened tomatoes 1 large red onion, chopped 3 tablespoons cooking oil

2 teaspoons Royco (a blend of herbs from Kenya; can be ordered through Amazon)

½ teaspoon cumin

1/4 teaspoon black pepper

Cut the greens into thin slices. If the stalks are thick, discard as it makes chewing more work. Saute the onions until brown. Add the tomatoes and cook, stirring, until the tomatoes are done. Add the greens and continue stirring. Cover for five minutes; add all the spices and continue stirring. Remove from fire and serve.

Note: always make the vegetables first before the ugali so that the ugali is served warm.